

Cerro Gordo County Smoke-Free Dining Guide



Cerro Gordo County
Department of Public Health

22 North Georgia Avenue Suite 300, Mason City, IA 50401

Clear Lake

Azzolina's Hole in the Wall

(641) 357-1740

425 N Main Street

Cabin Coffee Company

(641) 357-6500

303 Main Avenue

Dairy Queen

(641) 357-4545

1006 North 20th Street

Half Moon Inn

(641) 357-9339

701 Buddy Holly Place

Picnic by the Lake

(641) 357-8777

314 Main Avenue

Rose Cottage Gift Shop & Tea Room

(641) 357-6400

114 North 3rd Street

Shao Ting Guo

(641) 357-1683

200 7th Avenue N

Starboard Market

(641) 357-0660

310 Main Avenue

Subway

(641) 357-7511

2411 Hwy 18 East, Ste B

Wendy's Old Fashioned Hamburgers

(641) 357-0811

1302 North 24th Street

Mason City

4th Street Diner

(641) 424-3103

3041 4th Street SW

Airport Cafe

(641) 421-9553

Mason City Airport

Birdsall Ice Cream Company

(641) 424-5445

100 S Federal Avenue

Bonanza Steakhouse

(641) 423-3750

2700 4th Street SW

Borealis

(641) 422-9900

316 N Federal Avenue

Cabin Coffee Company

(641) 423-6502

451 Indianhead Square

Chandler's Grill

(641) 421-1525

3229 4th Street SW

CoffeeCat

(641) 424-4377

5 S Delaware

Columbia Club, Inc

(641) 423-8641

551 S Taft Avenue

Cookies Etc.

(641) 424-2009

100 S Federal Avenue

Country Kitchen

(641) 423-4000

1519 4th Street SW

Culvers of Mason City

(641) 423-3565

551 Monroe Avenue

Dairy Queen

(641) 380-0234

421 S Illinois Avenue

Godfather's Pizza

(641) 424-5133

1703 4th Street SE

Hasey Asian Fast Food

(641) 424-2457

100 S Federal Avenue

Highland Park

(641) 423-9693

944 17th Street NE

Hy-Vee East

(641) 424-9741

551 S Illinois Avenue

Jitters Coffee Bar

(641) 424-4880

100 S Federal Avenue

Kentucky Fried Chicken

(641) 424-1132

1615 4th Street SW

Long John Silver's

(641) 424-1212

2261 4th Street SW

Marjorie's Tea House

(641) 421-8066

320 S Pennsylvania Avenue

Mixin Block Ice Cream Shoppe

(641) 424-3088

1631 4th Street SW Suite 112

Northwestern Steakhouse

(641) 423-5075

304 16th Street NW

Pete's Kitchen

(641) 423-2666

629 6th Street SW

Pies & More

(641) 424-2166

1631 4th Street SW

Pizza Hut

(641) 423-1732

2117 4th Street SW

Pretzel Maker

(641) 423-1998

100 S Federal Avenue

Quiznos Subs

(641) 423-4122

1314 4th Street SW

Subway

(641) 423-6090

100 S Federal Avenue

Suzie Q

(641) 423-5021

14 2nd Street NW

Taco John's

(641) 423-8503

23 6th Street SE

The Quarry

(641) 421-0075

10 S Federal Avenue

Toast Bar

(641) 421-8468

118 N Federal Avenue

Thornton

Chit Chat Cafe

(641) 998-2754

320 Main Street

Partnership Services



Striving to lead the way in tobacco education, prevention and usage decrease, the Partnership for A Tobacco Free Cerro Gordo County is involved in these community services and more!

- Annual Great American Smoke Out activities
- Tobacco Free School Grounds
- Tobacco Free Policy Assistance for Worksites
- Educational Presentations for Business and Groups
- Advocacy at the State and Local Level
- Training and Prevention Activities for Youth
- Public Education
- Support Groups
- Smoke Free Establishment Recognition

Partners In Prevention

Cerro Gordo County Department of Public Health
 American Cancer Society
 American Heart Association
 Area Education Agency 267
 Cerro Gordo County Sheriff's Department
 Clear Lake Parks and Recreation
 Clear Lake School District
 Citizen Volunteers
 First Covenant Church
 First Presbyterian Church
 Francis Lauer Youth Services
 Iowa Department of Public Health
 Iowa State Extension Service/Cerro Gordo
 Mason City Family YMCA
 Mason City Parks and Recreation
 Mason City Police Department
 Mason City Community School District
 Mason City Youth Task Force
 Mercy Medical Center, North Iowa
 Newman Catholic Schools
 North Iowa Area Community College
 Girl Scouts of North Iowa
 North Iowa Youth Center
 Prairie Ridge Treatment Center
 Rockwell-Swaledale School District
 NICA/O/Smoke Free Families
 Iowa Dental Hygienist Association
 Trinity Lutheran Church
 VA Clinic
 Ventura School District

Dining Smoke-Free In Cerro Gordo County

Fall 2007 UPDATE

Building Tobacco Free Communities

Partnership For A Tobacco Free Cerro Gordo County

641-421-9309



“There is no risk-free level of exposure to secondhand smoke.”

*US Surgeon General Richard H. Carmona
 June 27, 2006*

In a comprehensive scientific report published in June 2006, the US Surgeon General reports that even brief secondhand smoke exposure can cause immediate harm.

Nonsmokers exposed to secondhand smoke at home or work increase their risk of developing heart disease by 25-30% and lung cancer by 20-30%. Unfortunately nearly half of all nonsmoking Americans are still regularly exposed to secondhand smoke according to the report.

Smoke Free Families:

Helps parents of young children quit:
 641-423-5044/800-6575856

Support Group:

Ask about Fresh Start at:
 641-422-9085

Want to quit tobacco?

Check out Quitline Iowa at:
 1-866-822-6879

Keep up to date at:

www.cghealth.com